

# PRACTICE

Goal: 15-30 minutes daily and to develop a healthy relationship with practice

1. Adjust your bench and check in with your posture, curved fingers, and hand position.
2. Scales, arpeggios, and chords.
3. Visit binder or method book then any extra pieces and play spots marked with the most recent dates. Check notes. Go slow, use your metronome or "speakeat" app. Take small sections. Slowly play the full piece/page.
4. When you have extra time, visit old pieces and pages.

\*Build your routine around practice.

\*Support your student by consistently reminding them when it's time (set an alarm if helpful)

\*Approach practice as an exciting time. Many parents find practice time to be a connection time between them and their child.

\*Show interest in your student's curiosity and praise their hard work.

